

2025 Programme

This programme shows all of our club sessions, for every day of every week in a month, at a glance.

All our sessions are FREE. If you wish to make a donation, please visit:

<https://go2.dementiaclub.uk/m/donations>

Every session at each of our venues includes some fun exercises and musical entertainment, provided by professional instructors.



There are quizzes, singalongs and Bingo in which everyone takes part and other social activities.



Tea/coffee and cakes are provided.

Always check session dates and times with your DCUK 2025 Calendar. If in doubt call Lisa 07956 858 913

<https://go2.dementiaclub.uk>

Awarded by

Most Dedicated Dementia Patient & Carer Support Charity 2024 – UK



2024 Winner • Non-Profit Organisation Awards



Mondays

FIRST Monday of every month.

(if FIRST Monday is a bank holiday then session moves to Thursday in SAME week)

2pm to 4pm

Sha'arei Tsedek Synagogue

120 Oakleigh Road North
Whetstone, London N20 9EZ



SECOND Monday of every month.

2pm to 4pm

Hendon Golf Club

Ashley Walk, Devonshire Road
Mill Hill, NW7 1DG



THIRD and LAST Monday of every month

(check your DCUK 2025 Calendar for the date of the LAST Monday of the month)

2pm to 4pm

Friend In Need

East Barnet Baptist Church
Community Hall, Crescent Road
Barnet EN4 8PS



We deliver Understanding Dementia & Prevention Strategies - Online and Face to Face Training

Suitable for individuals and organisations, our one hour course is CPD certified and will qualify you as a Dementia Champion. Organisations will be accredited as working towards becoming Dementia Friendly.

Email: training@dementiaclubuk.org.uk for further details.

Wednesdays

EVERY Wednesday Afternoon

2pm to 4pm

Finchley Memorial Hospital

Granville Road, North Finchley,
London N12 0JE

Please arrive on time to secure your seat.

Please make sure you register your car registration number even if you have a disabled badge.

Tuesdays

FIRST Tuesday of every month.

2pm to 4pm

Eversfield Centre

11 Eversfield Gardens, Mill Hill
London NW7 2AE

SECOND Tuesday of every month.

1.30pm to 3.30pm

Barnet Copthall



THIRD and FOURTH Tuesday of every month

1pm to 3pm

Barnet Copthall

Walking Football



Barnet Copthall Leisure Centre
Champions Way, Hendon
London NW4 1PX

Please make sure you register your car registration at reception and say you are joining DCUK session.

EVERY Tuesday Evening

7pm to 8.30pm

Carers Group Meeting



Time for carers and families to ask questions and share any concerns and to seek advice on any medical or legal matters, with special guest speakers, trustees and Lisa our Chairman and meeting host, online via Zoom

Thursdays

THIRD and LAST Thursday of every month

1pm to 3pm

Mill Hill East Church

Salcombe Gardens NW7 2NT



(check your DCUK 2025 Calendar for the date of the LAST Thursday of the month)