

# FORGET ME NOT FC COMES TO BARNET

DEMENTIA FRIENDLY  
FOOTBALL  
DELIVERED BY



Dementia  
Club UK   
*Caring for the community*

BARNET  
WALKING FOOTBALL  
and  
DEMENTIA CLUB UK

**Launching:  
Tuesday 21st  
November 2023  
At 1pm!**

3RD AND 4TH TUESDAY OF EVERY MONTH  
AT BARNET COPTHALL LEISURE CENTRE  
CHAMPIONS WAY, NW4 1PX

COGNITIVE BASED WALKING FOOTBALL SESSION IN THE SPORTS HALL 1PM-2PM  
FOLLOWED BY REMINISCENCE/SOCIAL TIME IN THE CAFE 2PM-3PM



SUPPORTED BY



MIDDLESEX  
FOOTBALL



Alzheimer's  
Society

BARNET

BETTER

# FORGET ME NOT FC COMES TO BARNET

1PM-2PM - COGNITIVE BASED FOOTBALL SESSION IN THE SPORTS HALL

2PM-3PM - REMINISCENCE AND SOCIAL TIME IN THE CAFE

## NEXT SESSION DATES

TUESDAY 21ST NOVEMBER 2023

TUESDAY 16TH JANUARY 2024

TUESDAY 23RD JANUARY 2024

TUESDAY 20TH FEBRUARY 2024

TUESDAY 27TH FEBRUARY 2024

TUESDAY 19TH MARCH 2024

TUESDAY 26TH MARCH 2024

TUESDAY 16TH APRIL 2024

TUESDAY 23RD APRIL 2024

TUESDAY 21ST MAY 2024

TUESDAY 28TH MAY 2024

TUESDAY 18TH JUNE 2024

TUESDAY 25TH JUNE 2024

TUESDAY 16TH JULY 2024

TUESDAY 23RD JULY 2024

TUESDAY 20TH AUGUST 2024

TUESDAY 27TH AUGUST 2024

TUESDAY 17TH SEPTEMBER 2024

TUESDAY 24TH SEPTEMBER 2024

TUESDAY 15TH OCTOBER 2024

TUESDAY 22ND OCTOBER 2024

TUESDAY 19TH NOVEMBER 2024

TUESDAY 26TH NOVEMBER 2024

**TUESDAY 10TH DECEMBER 2024**

**\*CHRISTMAS PARTY\***



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Society**

**BARNET**

**BETTER**