

A comprehensive, free, 1-hour course covering the fundamentals of Understanding Dementia with current prevention strategies.

Individuals, carers and businesses can attend this course which will certify you as **Dementia Champions** and qualify you as **working towards becoming Dementia Friendly**.

Courses are online via either **Microsoft Teams** or **Zoom**. **Bespoke face to face** sessions can also be arranged upon request.

To enrol, visit <https://bit.ly/ud-pscourses> or scan the QR Code.

For all enquiries speak to Lisa on **07956 858 913**, or email us at [training@dementiaclubuk.org.uk](mailto:training@dementiaclubuk.org.uk)

# UNDERSTANDING & DEMENTIA PREVENTION STRATEGIES



free online training



Scan to Enrol

## COURSE DATES

September 2023	Teams 11am-12pm	Zoom 7pm - 8pm
Monday 4th		✓
Tuesday 5th	✓	
Thursday 7th		✓
Monday 11th		✓
Monday 25th	✓	✓
Thursday 28th	✓	✓
December 2023	Teams 11am-12pm	Zoom 7pm - 8pm
Monday 4th		✓
Thursday 7th	✓	✓
Thursday 14th	✓	✓

October 2023	Teams 11am-12pm	Zoom 7pm - 8pm
Monday 2nd	✓	✓
Thursday 5th		✓
Monday 9th		✓
Monday 16th	✓	
Tuesday 17th	✓	
Monday 23rd	✓	✓
Tuesday 24th	✓	
Thursday 26th	✓	✓
Tuesday 31st	✓	

November 2023	Teams 11am-12pm	Zoom 7pm - 8pm
Thursday 2nd	✓	✓
Monday 6th		✓
Thursday 9th	✓	✓
Monday 13th		✓
Thursday 16th	✓	✓
Monday 20th	✓	✓
Tuesday 21st	✓	
Thursday 23rd	✓	✓
Monday 27th	✓	✓
Tuesday 28th	✓	

We also customise our training to your business area, for example GP's, retail staff, fitness instructors, receptionists, educators in nurseries, primary, secondary, colleges and universities, pharmacists, banking staff, cinema and theatre staff and all faith groups including those from churches, synagogues, mosques and temples... **This can be online or face to face, please get in touch with your requirements.**

Dementia Club UK have been commissioned by the London Borough of Barnet to deliver this training.

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