

BETTER
the feel good place

Dementia Club UK is delighted to be in partnership with Greenwich Leisure Limited

Dementia Club UK Est. 2015
Caring for the community
Sponsored by Saracens

Barnet Copthall Leisure Centre

Champions Way, Hendon,
NW4 1PX

Every 1st Thursday of the month from 2pm – 4pm

For more information please contact:

Lisa Rutter on 07956 858 913

<http://dementiaclubuk.org.uk>



Come and help us celebrate our new partnership at our first session on
Thursday 6th December 2018 at 2pm

- We provide support for people suffering from Alzheimer's and other forms of dementia and also support carers, friends and families and those who have lost someone with dementia.

- Attendance is free, with each session aiming to provide you with professional advice, gentle



exercise to music and fun activities in a social atmosphere served with tea, coffee and cakes. A GP is also available to answer any medical concerns.

"Last year Dementia Club UK gave care, advice and fun activities to over 8,700 people in London and above all given them hope"