

Dementia Club UK

caring for the community

Sponsored by Saracens

DC UK

Welcome to Dementia Club UK.

People suffering from Alzheimer's and other forms of Dementia are welcome to attend with their carers, friends and families and those who have lost someone with dementia.

Each session aims to provide you with professional advice and information, gentle exercise to music and fun activities in a social atmosphere with cups of tea/coffee and lovely cakes.

Various speakers will sometimes attend the sessions. We have two GPs and a nurse who can answer any medical concerns and our other partnership organisations are also available to offer further advice.

Our History

In August 2013, I founded the Alzheimer's Society Dementia Café at the Finchley Memorial Hospital, which was the first dementia café in the Borough of Barnet.

In April 2015, I received sponsorship from Saracens and formed the Saracens Dementia Club and in January 2016, I launched Dementia Club UK a Registered Charity and I am now running a number of sessions weekly at different venues.

Our Connections:

Donations:

<https://mydonate.bt.com/charities/dementiclubuk>

Website:

<http://dementiclubuk.org.uk>

Facebook:

<https://www.facebook.com/DementiaClubUK/>

LinkedIn:

<https://www.linkedin.com/company/dementia-club-uk>

Twitter:

<https://twitter.com/dementiclubuk>

Lisa Rutter

Chairman of Dementia Club UK

Councillor and Former Mayor of The London Borough of Barnet

Qualified Fitness Instructor

Mobile: 07956 858 913



A message from our Patron:

Rt Hon Theresa Villiers MP
for Chipping Barnet says;

"the café is clearly having a hugely positive impact on the dementia sufferers who come along and their families. There was such a genuinely happy atmosphere and it was heart-warming to know that this is possible even when people are grappling with this terrible disease."

Our Partners:



Rotary



Sha'arei Tsedek
North London
Reform Synagogue



The Fremantle Trust



Barnet Carers
Centre

www.dementiclubuk.org.uk

lisa.rutter@dementiclubuk.org.uk

Dementia Club UK 2018 Programme If in doubt please check with Lisa for any cancellations before attending any of the sessions

Monday 16th April	Stephen's House & Gardens	Activities/ Chair Yoga with Richard & Helen Tierney's accordion & harp music entertainment
Wednesday 18th April	Baden-Powell Centre Edgware	Various activities. Chair Yoga with Richard followed by Ron Goldsmith's music entertainment
Tuesday 24th April	St John's Church New Barnet	Various activities. Chair Yoga with Richard & musical entertainment with James Le Bec
Wednesday 25th April	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Monday 30th April	Greek Cypriot Britannia Centre	Various activities and musical entertainment with Moshe
Wednesday 9th May	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Monday 14th May	Stephen's House & Gardens	Activities/ Chair Yoga with Richard & Helen Tierney's accordion & harp music entertainment
Wednesday 16th May	Baden-Powell Centre Edgware	Activities/ Chair Yoga with Richard & followed by Ron Goldsmith's music entertainment
Wednesday 16th May	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Wednesday 23rd May	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Tuesday 29th May	St John's Church New Barnet	Various activities. Chair Yoga with Richard & musical entertainment with James Le Bec
Wednesday 30th May	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Thursday 31st May	Hendon Town Hall	Various activities. Tai Chi with Egon followed by other social activities
Monday 4th June	Sha'arei Tsedek Synagogue	Activities/ Exercise to music with Jane followed by musical entertainment with James Le Bec
Wednesday 6th June	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Monday 11th June	Stephen's House & Gardens	Various activities. Chair Yoga with Richard followed by other social activities
Wednesday 13th June	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Wednesday 20th June	Baden-Powell Centre Edgware	Activities/ Chair Yoga with Richard & followed by Ron Goldsmith's music entertainment
Wednesday 20th June	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Monday 25th June	Greek Cypriot Britannia Centre	Various activities and musical entertainment with Moshe
Tuesday 26th June	St John's Church New Barnet	Various activities. Chair Yoga with Richard & musical entertainment with James Le Bec
Wednesday 27th June	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Thursday 28th June	Hendon Town Hall	Various activities. Tai Chi with Egon followed by other social activities
Monday 2nd July	Sha'arei Tsedek Synagogue	Activities/ Exercise to music with Jane followed by musical entertainment with James Le Bec
Wednesday 4th July	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Monday 9th July	Stephen's House & Gardens	Various activities. Chair Yoga with Richard followed by other social activities
Wednesday 11th July	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Wednesday 18th July	Baden-Powell Centre Edgware	Activities/ Chair Yoga with Richard & followed by Ron Goldsmith's music entertainment
Wednesday 18th July	Finchley Memorial Hospital	Various activities followed by Tovertafel (Magic Table) & other social activities
Thursday 25th July	Finchley Memorial Hospital	Visit from NCS students various activities followed by Tovertafel (Magic Table) & other activities
Thursday 26th July	Hendon Town Hall	Various activities. Tai Chi with Egon followed by other social activities

<p>Finchley Memorial Hospital Granville Road, North Finchley. N12 0JE</p> <p>Weekly every Wednesday at 2pm - 4pm</p>	<p>DCUK in association with Rotary Clubs of Edgware & Stanmore & Northwick Park at: John Keble Church The Baden-Powell Centre Deans Lane, Edgware HA8 9NT</p>  <p>3rd Wednesday of every month at 2.30pm to 4.30pm</p>	<p>DCUK in association with the Sha'arei Tsedek North London Reform Synagogue 120 Oakleigh Road North London N20 9EZ</p> <p>1st Monday of every month at 2pm to 4pm</p> 	<p>DCUK in association with the Rotary Club of Golders Green Stephens House & Gardens (Avenue House) 17 East End Road, Finchley, London N3 3QE</p> <p>2nd Monday of every month at 2pm to 4pm</p> 
<p>Greek Cypriot Britannia Centre 2 Britannia Road, North Finchley. N12 9RU</p> <p>Last Monday of every month at 2pm to 4pm</p>	<p>Hendon Town Hall The Burroughs Hendon NW4 4AX</p> <p>Last Thursday of every month at 2pm to 4pm</p>	<p>DCUK in association with The Rotary Club of Barnet St John's United Reformed Church Corner of Somerset and Mowbray Roads, New Barnet, EN5 1RH</p> <p>Last Tuesday of every month at 2pm to 4pm</p> 	

Dementia Club UK is a Registered Charity No. 1168397. Registered as a Company Limited by Guarantee and registered in England and Wales No. 09913673